



BMP Special Education Cooperative Presents

Crisis Prevention Institute (CPI) Trainings

This is two day training in the new enhanced model that CPI has now implemented. Currently, everyone who is certified will remain certified until their expiration date. Everyone will need to do the 2 day training before expiring.

BMP will offer 3 sessions at our offices – on-site training will no longer be available.

Who should attend – BMP member school staff who have contact with escalating students or District CPI Response Team (typically a small group who are paged to intervene when a student has escalated)

When – We will offer three (3) different 2-day sessions. Participants must attend both days of their session to be certified.

Dates – Session 1 – Wednesday, July 31 and Thursday, August 1

Session 2 – Thursday, August 22 and Friday, August 23

Session 3 – Thursday, September 19 and Friday, September 20

What Time -- Training are held from 8:00 AM – 3:30 PM at the BMP Offices, 400 N. Galena St., Tiskilwa, IL.

Please register at least one week prior to session at <http://bmpspered.com/inservices.htm>.

Crisis Prevention Institute Training Overview

Bring a pen/pencil and paper and please dress in comfortable, loose clothing with closed toed shoes. During warm weather you may wish to bring a water bottle.

Day One

Gain a basic understanding of crisis intervention methods.

On the first day of *Nonviolent Crisis Intervention*[®] training, the emphasis is on early intervention and nonphysical methods for preventing or managing disruptive behavior. You'll learn:

- How to identify behaviors that could lead to a crisis.
- How to most effectively respond to each behavior to prevent the situation from escalating.
- How to use verbal and nonverbal techniques to defuse hostile behavior and resolve a crisis before it can become violent.
- How to cope with your own fear and anxiety.
- How to assess risk levels and consider the issues that impact decision making.
- How to use CPI's disengagement skills to avoid injury if behavior becomes physical.

Day Two

Reinforce preventive techniques and learn holding skills.

The second day of training expands on crisis intervention methods to include the study and practice of holding skills. These skills are taught to be used as a last resort when an individual becomes an immediate danger to self or others. You'll learn:

- When it's appropriate to physically intervene.
- How to develop team intervention strategies and techniques.
- How to assess the physical and psychological well-being of those involved in a crisis.
- A progression of holding skills to manage aggressive behavior in least restrictive, safest manner.
- How to maintain rapport with the acting-out individual.
- Key steps for debriefing after a crisis.
- How to properly document an incident.

A light lunch will be provided both days.