

Resource Guide



BMP

Special Education

Cooperative

Apart from social work or counseling services that a student may need and be entitled to at school as a related service, it is not uncommon for families of our students to seek outside support for other reasons. In response to such requests, we have assembled a list of local resources. This list is offered for your convenience and informational purposes only, and is not intended to suggest that you, your child, or your family would benefit from additional outside services or as an endorsement of the listed individuals/agencies.

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Abuse Assistance

(Please also see Domestic Violence, Sexual Assault, and Child Abuse)

Abuse of Persons with Disabilities:

Office of Inspector General

Ph: 1-800-368-1463

The Office of Attorney General handles complaints of disabled adults.

Child Abuse:

Department of Children & Family Services

Ph: 815-433-4371

776 Centennial Dr.

Hotline: 800-252-2873

Ottawa, IL 61350

TDD: 815-433-9457

Investigates all reports of suspected child abuse and neglect. Follow-up services are provided for family counseling, homemaker, assistance with day care costs, advocacy and foster care.

Domestic Abuse:

Freedom House

Ph: 815-872-0087

440 Elm Place

24 hour Crisis Line: 800-474-6031

Princeton, IL 61356

FAX: 815-872-5044

Provides free and confidential services to victims of domestic and sexual violence including emergency food and shelter, medical and legal advocacy, individual and group counseling and therapy, and education. Serves Bureau, Henry, Marshall, Stark, and Putnam counties.

Elder Abuse:

Alternatives for the Older Adult

Ph: 800-369-8724 Protective services

Illinois Department of Aging

800-798-0988

200 W. St. Paul

800-279-0400 after hours

Spring Valley, IL 61362

815-663-0511

The goal of this program is to reduce the incidence of elder abuse and neglect in the community. Categories of elder abuse include financial, physical and emotional neglect. They also assist the elderly with a variety of programs including money management and home-making. Non-English interpreter and sign language interpreter available.

Adult Services

(see *Hospitals and Health Issues* also)

Gateway Services

Phone: 815-875-4548

Fax: 815-875-8602

Paratransit

Respite for special needs children

Individuals with developmental disabilities

Illinois Family Assistance and Home-Based Support Services Programs

Financial assistance for individuals with: 1-800-843-6154 ext 3

Severe autism (children or adults)

MR (children or adults)

Severe MI (children or adults)

Severe mental illness (adults only)

IVCIL

815-224-3126

NAMI - Mental Health Resource Guide

309-693-0541

www.namitri-county.org

Office of Rehab Services

815-224-1314

PUNS Database:

(Prioritization of Urgency of Need for Services) is a database to gather info of IL infants, children, adolescents, and adults with developmental disabilities (Mental Retardation, Cerebral Palsy, Epilepsy, Autism Spectrum Disorders) and their families about the supports that they are receiving or that they may need within the next 5 yrs.

Access Services of Northern IL: 815-282-8834

Is designated for completing a PUNS for eligible individuals and their families upon request and to update their info as needed or on an annual basis

PUNS database Info: <http://www.dd.illinois.gov/SignUp.cfm>

Or call 1-888-DD-PLANS (1-888-337-5267)

Social Security Helpline

1-800-772-1213

Alcohol & Drug Abuse and Addiction

AA-Princeton Group	815-875-4279
AA-Illinois Valley Group (St. Margaret's)	815-663-0675
	815-663-2800
AA-Marshall-Putnam Group (Henry)	309-364-2833
American Council for Drug Education	http://www.acde.org/
Bridgeway Substance Abuse Services (Kewanee, IL)	309-852-4331
Chestnut Health Systems (Bloomington) Inpatient and outpatient services	309-827-6026
Ottawa Regional Hospital CHOICES	815-433-3100
	815-433-5606
Families Anonymous	815-663-2632
	815-223-8070
Gateway Alcohol & Drug Treatment Centers (Pekin, Springfield) 24 hour Helpline	877-505-4673
	www.recovergateway.org
Lutheran Social Services (Dixon) Choices residential substance abuse program	309-827-6026
Narcotics Anonymous	www.na.org
National Association of Alcoholism and Drug Abuse Counselors (NAADAC)	www.naadac.org
North Central Behavioral Health Systems	815-875-4458
	www.ncbhs.org
Proctor Hospital (Peoria) Addiction Recovery Center	309-691-1000
	309-691-1055
Robert Young Mental Health Center/Riverside (Rock Island)	309-793-3000
Rosecrance (Rockford)	815-391-1000
White Oaks Center (Peoria)	309-692-6900
	1-800-475-0257

Alcohol Abuse Hotline

24 Hour Drug and Alcohol Abuse Hotline

U.S. Dept. of Health and Human Services

Substance Abuse Treatment Center

IL Tobacco Quit Line

1-800-759-2793

1-800-784-6776

1-800-662-4357

1-866-784-8937

Prevention First

Substance abuse prevention (not treatment) and leadership development program

Info on living a drug and alcohol free lifestyle and develop healthy relationships

www.prevention.org

Illinois Teen Institute

937 South Second St. Springfield, IL 62704

www.os-iti.org

800-252-6301

Alternative Schools

BEST	309-445-2592
Circuit Breaker Alternative School (Seneca)	815-357-6633
Kiefer Academy (downtown/Madison campus - Gwenetta)	309-687-7738 Fax: 309-687-7788
(Knoxville campus)	309-687-7236 Fax: 309-687-7299
Washburn Alternative School	309-248-8212

ROEs

Bureau – Henry – Stark	309-936-7890
Marshall – Putnam – Woodford	309-248-8212
LaSalle – Marshall – Putnam	815-434-0780

Special Education Coops

LEASE Office (LaSalle County)	815-433-6433
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Anger Resources

<http://www.apa.org/helpcenter/controllinganger.aspx>

suggestions for controlling anger

<http://www.angermgmt.com/angertoolkit.asp>

dealing with anger/ levels of anger

<http://www.goodcharacter.com/GROARK/Anger.html>

teaching guide for controlling anger for grades K-5

Agencies licensed for Anger Management counseling services:

Seventh Fire Counseling (Ottawa)

815-433-4829

Options (Streator)

815-672-1802

If it is a child/adolescent (under 18) – they have to speak with a legal guardian on the phone

Bereavement, Grief, and Loss

(See Support Groups)

Perry Memorial Hospital (Princeton)

Grief and Loss Support Group

Third Tuesday of each month, 2:30pm

PMH Chapel

Contact: Laurie Sabin, Bureau Valley Hospice Director – 815-875-7723

St. Margaret's Hospital (Spring Valley)

815-664-6311

Grief Support Group

Meetings are held the third Tuesday of the month.

(815) 664-1639 or (815) 223- 5346, ext. 1639.

Rainbows (Peer Group Support)

For more information, call.

815-664-1639 or 815-223- 5346, ext. 1639

OSF St. Elizabeth Medical Center (formerly Community Hospital of Ottawa)

Bereavement Support Group

815-433-6090

Informal gathering provides forum to share feelings, experiences, concerns and ideas with others who have recently experienced the loss of a loved one.

Meets the second and fourth Wednesday each month at 5:00 p.m.

Illinois Valley Community Hospital

Compassionate Friends Support Group

Compassionate Friends, a support group that assists families toward the positive resolution of grief following the death of a child of any age, meets monthly at IVCH. The Compassionate Friends is a national not-for-profit, self-help support organization that offers friendship, understanding and hope to bereaved parents, grandparents and siblings.

Meetings are on the fourth Thursday and are held in the special procedures conference room near the West Street lobby.

Contact: Rita Studzinski Phone: 815-223-7663

Grief Recovery Group

The group allows persons who have recently suffered the loss of someone close to them to share their feelings and experiences with others who have also lost loved ones through death.

Second and Fourth Wednesday of each month at 7:00pm

Conference Room B

Contact: IVCH Pastoral Care Group – 815-780-3426

Coalition for Grieving Students

www.grievingstudents.org

Child/Youth Services

Big Brothers, Big Sisters (Peoria)	309-637-1771
DCFS Child Abuse Hotline	1-800-252-2873
Girls and Boys Town Hotline	1-800-448-3000
Great River Community Health Center 120 Court St. Toulon, IL 61483 Behavioral, Medical, Dental Health Services (Medicare/Medicaid accepted) - includes Depression or ADHD screenings and Psychiatric Evaluations *you do not have to be a resident of the county	309-286-7240
Health Insurance www.allkidscovered.com	866-ALL-KIDS
Illinois Family Assistance and Home-Based Support Services Programs Financial assistance for individuals with: Severe autism (children or adults), MR (children or adults) **No new families are being enrolled in the financial assistance program at this time	1-800-843-6154 ext. 3
Lutheran Social Services (Dixon)	815-288-6655
Lutheran Social Services (Peoria)	309-671-0300
Make a Wish Foundation of IL www.wishes.org	312-602-9474
Mental Health Association of IL Valley, Inc (Peoria) education, advocacy, prevention for adults & youth, screening, crisis intervention, teen suicide screen www.mhaiv.org	309-692-1766
National Runaway Hotline	1-800-RUNAWAY (1-800-786-2929)
National Hopeline	1-800-784-2433
Pediatric Resource Center (Peoria) Serve children at the center regarding concerns of child abuse, neglect, advocacy, assistance accessing resources	309-624-9595

PUNS Database: (Prioritization of Urgency of Need for Services) is a database to gather info for IL infants, children, adolescents, and adults with developmental disabilities (Mental Retardation, Cerebral Palsy, Epilepsy, Autism Spectrum Disorders) and their families about the supports that they are receiving or that they may need within the next 5 yrs.

Access Services of Northern IL 815-282-8834

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PUNS database Info: <http://www.dd.illinois.gov/SignUp.cfm> or call 1-888-DD-PLANS

U of I Extension

Bureau County
Marshall County

815-875-2878
309-364-2356

Youth Service Bureau

Ottawa

Princeton

815-433-3953
Fax: 815-433-3980
815-872-2119
Fax: 815-872-2099

Clothing/Household Item Assistance

The Closet

2026 N. Main Street
Princeton, IL 61356

Ph: 815-875-3145

PASS It On

(A gently-used clothing store. Donations during business hours, or by appointment. Proceeds benefit the Walnut After-school Program.)

117 N. Main Street
Walnut, IL 61376

Ph: 815-379-2397

Presbyterian Ministries Shopping Service

320 Park Avenue, E.
Princeton, IL 61356

Ph: 815-875-1306
FAX: 815-872-4106

Salvation Army Thrift Store

737 First Street
LaSalle, IL 61301

Ph: 815-224-1504

St. Bede

Rt. 6 West
Peru, IL 61354

Ph: 815-224-3140

Tri-County Opportunities Council

1005 N. Main St.
Princeton, IL 61356

Ph: 815-875-6064

Tabitha's Hands

(Donates large furniture and appliances to needy families.)

Church of the Nazarene
30 N. Sixth St.
Princeton, IL 61356

Ph: 815-643-2571

Upscale Resale

214 W. St. Paul St.
Spring Valley, IL
Open Tuesdays-Saturdays

Ph: 815-664-2414

Counseling & Mental Health

Bridgeway Incorporated

137 E College

Kewanee, IL 61443

*Psychiatric and mental health services, family counseling, substance abuse treatment

**accepts the medical card

Ph: 309-852-4333

TTD: 309-856-7812

Center for Youth and Family Solutions

(formerly Catholic Charities)

542 Crosat Street

LaSalle, IL 61301

<http://www.cyfsolutions.org>

Individual, marriage & family therapy, women's counseling, adoption, respite services provided.

Ph: 815-223-4007

FAX: 815-224-4550

Community Hospital of Ottawa

Choices Mental Health Unit

1100 E. Norris

Ottawa, IL 61350

Ph: 815-431-5447

Crisis Line: 815-433-5606

Crossroads Counseling Center

112 W Center St

Ottawa, IL 61350

Ph: 815-433-5101

Farm Resource Center (FRC)

Crisis Intervention Services

Ph: 877-633-3372

Crisis Line: 800-851-4719

The Farm Resource Center (FRC) is a not-for-profit agency established expressly to respond to the needs of rural families in crisis. FRC has programs working for farmers, laborers, miners (including their respective families) and at-risk abused and neglected children.

Great River Community Health Center

Located in Toulon, Stark County. A non-profit agency that provides medical, dental, psychiatric and counseling services for area including Marshall County. Clinic accepts Medicaid, insured and private pay.

www.auntmarthas.org

Ph: 309-286-7240

Healing Hands Resource Center

Medical Director: Yihoodah Y. Green M.D.

Ph: 773-467-6967

Fax: 773-572-9553

Illinois Valley Autism Center

4401 Progress Blvd.

Peru, IL 61354

Ph: 815-200-6751

Counseling services available for families. Fee based on ability to pay.

Illinois Valley Counseling Services
747 East Etna Road, Ottawa, IL 61350
901 Main Street, Mendota, IL, 61342
<http://www.illinoisvalleycounseling.com/>

Ph: 815-993-1614
Fax: 815-431-1250

Marshall County Behavioral Health Task Force

A citizen's based group collaborating with service provider to promote awareness and education, advocacy and access of mental health needs in Marshall County.

<http://sites.google.com/site/marshallcountybh/f/marshallcountymentalhealth@gmail.com>

North Central Behavioral Health Systems

2960 Chartres St.
LaSalle, IL 61301
www.ncbhs.org

815-224-1610

Provides mental health, substance abuse treatment, substance abuse intensive outpatient services, employee assistance program, health promotions and educational services. Provides K- High School - age curriculum and adult education and information.

Institute for Personal Development (Morris)

Dr. John Goldin-Mertdogan, Psychiatrist
<http://www.ipd.md/index.htm>

815-942-6323

Bruce Dannenberger, LCSW

815-434-2118

IVCH Pastoral Care Group

815-780-3126

IL Valley Community Hospital Counseling Services

Outpatient counseling

815-780-3696

Allied Counseling

815-224-4522

Bill Kline, LCSW

Mendota Community Hospital
Ottawa

815-539-7461

815-433-4748

Youth Service Bureau Ottawa	815-433-3953 Fax: 815-433-3980 815-431-3021 to refer
Princeton	815-872-2119 Fax: 815-872-2099
New Directions (Lisa Johnson) 28 E Marion St Princeton, IL 61356	815-875-2192
Freedom House 440 Elm Place Princeton, IL 61356 *Victims of domestic violence or sexual assault	815-872-0087
NAMI – Kewanee	309-854-7207
Streamwood Behavioral Health Systems	630-837-9000 800-272-7790
KSB Behavioral Healthcare (Dixon/Sterling) 24 hour helpline	815-285-5629 815-284-HELP(4357)
Robert Young Center for Community Mental Health (Rock Island)	309-779-2031 (out-patient) 309-779-2800 (in-patient)
The Antioch Group (Peoria – near Sam's Club)	309-692-6622
Eric Ward, Child Psychologist (Peoria) 7317 N. Willow Lake Ct. Peoria, IL 61614	309-683-7373 Fax: 309-691-4408
Associates in Mental Health (Peoria – 900 Main St.) Associates in Psychiatry (Peoria – 900 Main St.)	309-637-4266 309-672-3100
Human Services Center 600 Fayette St Peoria, IL 61603	309-671-8000

Margo Meyers Counseling 302 E 5 th Street Sterline, IL	815-626-8760
Mental Health Association of IL Valley, Inc (Peoria – covers Bureau & Marshall) - Mental health education, advocacy, prevention for adults & youth, screening, crisis intervention, teen suicide screen www.mhaiv.org	309-692-1766
Methodist Mental Health Center (Peoria – Glen Oak Ave.)	309-672-5609
Methodist Behavioral Health Services – Child/Adolescent	309-672-5600
Methodist Medical Group Dr. Nookala (Methodist – Child & Adolescent Psychiatry)	309-672-3100 309-672-3100
St. Francis Medical Center (Peoria) Eating Disorders Adult mental health services	309-655-2000 309-655-2738 309-624-9522
Family Core 330 SW Washington Street Peoria, IL 61602	309-676-2400
Peoria Rescue Ministries – Barnabas Center	309-688-9282
Proctor Hospital Counseling Center (Peoria – Knoxville)	309-689-6008
University Pediatrics Sub-Speciality Clinic Dr. Lourdes Delgado-Serrano 420 NE Glen Oak Ave Peoria, IL 61603 Website: osfsaintfrancis.org *accepts medical card	309-624-9844
Sinnissippi Centers Dixon, IL *Counseling and psychiatric services	815-284-8720
Catholic Social Services (Peoria)	309-636-8000
Lutheran Social Services (Peoria)	309-671-0300

Dental Care

Bureau County Health Department	815-872-1927
Whiteside County Health Department	815-626-2230
Great River Community Health Center 120 Court St. Toulon, IL 61483 Behavioral, Medical, Dental Health Services (Medicare/Medicaid accepted) *includes cleanings and tooth extractions **you do not have to be a resident of the county www.auntmarthas.org	309-286-7240
Dr. Naik 128 5 th Street, Minonk **Excepts Children with Medicaid	309-432-2833
Mendota Health and Wellness 1009 Main Street Mendota, IL 61342 *comprehensive dental care for ages 2-18 and emergency care for all ages **accepts all kids and Medicaid	815-539-6124
Marshall County Health Department	309-246-8074
Illinois Central College Hygiene Clinic	309-999-4614

Department of Health and Human Services / Financial Assistance

DHS helpline 1-800-843-6154
Provider helpline 1-800-447-6404 TTY
<http://www.dhs.state.il.us/>

Bureau County DHS 815-875-1134

Marshall/Putnam County DHS 309-364-2376
(Henry)

Peoria DHS 309-686-6028
2301 NE Adams St. 309-686-8742 FAX
Suite C
Peoria, IL 61603

Disaster/Emergency Preparedness

American Red Cross
Bureau County Chapter
435 S. Main Street
Princeton, IL 61356
E-mail: bccross@theramp.net

Ph: 815-879-2231
FAX: 815-875-8027

Bureau County Emergency Services
Room B-5, Courthouse
700 S. Main Street
Princeton, IL 61356

Ph: 815-875-2077

Illinois Department of Public Health
Emergency Preparedness and Response

Ph: 217-558-0560

Natural Hazards Research and Applications Information Center

University of Colorado
482 UCB
Boulder, CO 80309-0482
E-mail: hazctr@colorado.edu

Ph: 303-492-6818
FAX: 303-492-2151

A national and international clearinghouse for information on natural hazards and human adjustments to hazards and disasters.

University of Illinois Extension

WEB: <http://web.extension.uiuc.edu/disaster/index2.html>

Ph: 815-875-2878

Provides access to information on disaster preparedness and recovery for the State of Illinois and the Internet community. Information is available from University of Illinois Extension, along with links to disaster agencies, organizations, and information networks.

Domestic Violence , Sexual Assault, and Child Abuse

Freedom House (Princeton)	1-800-474-6031 815-872-0087
Center for Prevention of Abuse	1-800-559-7233
ADV/SAS (LaSalle County) (Alternatives to Domestic Violence)	1-800-892-3375 (24 hour hotline) 815-673-1552 (Streator)
Shriver Center Housing Rights for Victims of Domestic & Sexual Violence	312-263-3830
Illinois Coalition Against Domestic Violence http://www.ilcadv.org/	1-800-799-SAFE (7233) hotline 1-877-863-6338
The National Exchange Club Foundation Child abuse prevention	1-800-924-2643
Pediatric Resource Center (Peoria) Serve children at the center regarding concerns of child abuse, neglect, advocacy, assistance accessing resources	309-624-9595
Prevent Child Abuse America	312-663-3520
Crime Victim Assistance of IL Monetary assistance for victims of violent crimes	1-800-228-3368
DCFS Child Abuse Hotline	1-800-252-2873
Shaken Baby Syndrome Hotline	1-800-323-4769

Eating Disorders

National Association of Anorexia Nervosa & Associated Disorders

PO Box 640, Naperville, IL 60035

www.anad.org

630-577-1330 (Mon-Fri, 9a-5p)

Kidshealth

www.kidshealth.org

National Eating Disorders Association

www.edap.org

1-800-931-2237

North Central Behavioral Health Services

815-224-1610 (LaSalle)

815-875-4458 (Princeton)

Renfrew Center First in Eating Disorders

Marnie Swanson Case Management

www.renfrewcenter.com

1-800-736-3739

815-915-3699

St. Francis Medical Center (Peoria)

Eating Disorders

309-655-2000

309-655-2738

OSF Medical Group Behavioral Health (Peoria - Knoxville)

Eating Disorders Program

309-687-8300

Robert Young Center

QC Eating Disorder Consortium

309-779-3077

Emergency Referral/Hotlines/Specialized Services

AIDS/STD

Illinois AIDS Hotline	Ph: 800-243-2437
National AIDS Hotline	Ph: 800-342-2437
Spanish	Ph: 800-344-SIDA
Hearing Impaired	Ph: 800-AIDS-TTY

Abuse

Domestic Violence Hotline	Ph: 800-313-1310
Freedom House	Ph: 800-474-6031
States Attorney Child Protection Services	Ph: 815-875-8667

Aging

Illinois Department on Aging	Ph: 800-252-8966
Illinois Department of Public Health Nursing Home Line	Ph: 800-252-4343
Illinois Senior Citizen Hotline	Ph: 800-252-2904

Chemical Dependency

Alcohol Abuse Hotline	Ph: 800-252-2437
Drug Abuse Hotline	Ph: 800-274-2042

Children

Child Find	Ph: 800-292-9688 / 800-426-5678
Children's Hospice International	Ph: 800-242-4453
Illinois Clearinghouse for Early Intervention	Ph: 800-852-4302
SIDS Alliance	Ph: 800-432-SIDS

Disabilities

Americans with Disabilities Act Hotline	Ph: 800-949-4ADA
American Cleft Palate Foundation	Ph: 800-24-CLEFT
American Council of the Blind, Inc.	Ph: 800-424-8666
American Foundation for the Blind	Ph: 800-232-5463
Autism Society of America	Ph: 708-691-1270
Center for the Deaf	Ph: 800-468-9211
Hearing Helpline	Ph: 800-327-9355
Library of Congress Handicapped Hotline	Ph: 800-424-8567
Medicare/Medicaid Hotline	Ph: 800-368-5779
National Association for Speech and Hearing	Ph: 800-638-8255
National Down Syndrome Congress	Ph: 800-232-NDSC
National Down Syndrome Society	Ph: 800-221-4602
National Easter Seal Society	Ph: 800-221-6827
National Hearing Aid Society	Ph: 800-521-5247
Orton Dyslexia Society	Ph: 800-222-3123
Random House Audio Books	Ph: 800-733-3000
Recording for the Blind, Inc.	Ph: 800-221-4792
Shriner's Hospital for Crippled Children	Ph: 800-237-5055

Disease

Alzheimer's Disease & Related Disorders	Ph: 800-621-0379
AMC Cancer Information Center	Ph: 800-525-3777
American Cancer Society	Ph: 800-422-6237
American Diabetes Association	Ph: 800-232-3472
American Parkinson's Disease Association	Ph: 800-223-2732
Cancer Information Service	Ph: 800-4-CANCER
Center for Disease Control	Ph: 404-639-3311
Crohn's & Colitis Foundation of America, Inc.	Ph: 800-886-6664
National Arthritis Foundation	Ph: 800-283-7800
National Cystic Fibrosis Foundation	Ph: 800-344-4823
National Juvenile Diabetes Association	Ph: 800-223-1138
National Multiple Sclerosis Society	Ph: 800-344-4867
National Reyes Syndrome Foundation	Ph: 800-233-7393
National Center for Stuttering	Ph: 800-221-2483
National Osteoporosis Foundation	Ph: 312-464-9887
Lupus Foundation	Ph: 800-2-LUPUS-2
Tourette's Syndrome Association	Ph: 800-237-0717
United Cerebral Palsy Association	Ph: 800-872-5827

Education

ERIC Clearinghouse - Adult Career & Vocational Training Ph: 800-848-4815

Health & Safety

American Heart Association	Ph: 800-962-0710
American Liver Foundation	Ph: 800-223-0179
Bulimia Anorexia Self Help (BASH)	Ph: 800-227-4785
Bureau County Rabies Control	Ph: 815-879-5981
Consumer Product Safety Commission	Ph: 800-638-2772
Epilepsy Foundation of America	Ph: 800-332-1000
Illinois State Dental Society	Ph: 800-252-2930
Lung Line – Asthma & Respiratory Disorders	Ph: 800-222-LUNG
National Foundation for Ileitis and Colitis	Ph: 800-343-3637
National Kidney Foundation	Ph: 800-488-2277
National Alliance for the Mentally Ill	Ph: 800-950-NAMI
Poison Control Center	Ph: 800-543-2022
or Perry Memorial Hospital	Ph: 815-875-2811, ext. 4411
Regional Organ Bank of Illinois	Ph: 312-431-3600
Simon Foundation for Incontinence	Ph: 800-23-SIMON

Insurance

Illinois Insurance Hotline Ph: 800-444-3338

Medicaid/Medicare

Illinois Department of Public Aid Fraud Hotline	Ph: 800-252-8903
Illinois Medicare Hotline	Ph: 800-647-8089
Medicare/Medicaid Complaint Line	Ph: 800-368-5779

Employment Services

B.E.S.T. (Business Employment Skills Team) Ph: 815-872-0255
225 Backbone Rd.
Princeton, IL 61356

Provides job training/placement assistance, career planning, job search workshops, college and vocational training. Work experience, on-the-job training plus special youth programs are also provided. Funding and eligibility for all services based on guidelines established under the Federal Job Training Partnership Act.

Burton Placement Ph: 815-872-5627
105 S. Main
Princeton, IL 61356

Temporary, full or part time employment opportunities. Applications accepted, jobs available based on accessibility and qualifications. Call to make appointment for job applications.

Dept. of Human Services- Office of Rehabilitation Services Ph: 815-224-1314
905 2nd St.
La Salle, IL 61301

Services to individuals needing assistance in returning to the employment field following disability. Educational, vocational and occupational services available.

Gateway Services Ph: 815-875-4548
406 S. Gosse FAX: 815-875-8602
Princeton, IL 61356

Center offers developmental training and activities of daily living programs for residents of Bureau, Putnam or Marshall counties.

Horizon Industries
1440 Progress Blvd. Ph: 815-223-2515
Peru, IL 61354 FAX: 815-223-8759

Job placement services for persons with disabilities.

IL Department of Employment Security Ph: 815-224-2235
815 Second Street
LaSalle, IL 61301

Services provided include job placement, unemployment insurance, and labor market information. Applicants are provided with counseling, testing and various other services to assist in securing work.

IL Department of Veterans' Affairs
424 W. Main Street
Ottawa, IL 61350

Ph: 815-434-0113

IL Employment Training Center
815 Second Street

Ph: 815-224-1400

LaSalle, IL 61301

IVCC Dislocated Workers Center
815 N. Orlando Smith Ave.
Oglesby, IL 61348

Ph: 815-224-0370

Provides job search and placement training, vocational or occupational, and on the job training. Supportive services including reimbursement of mileage and childcare expenses are available.

Manpower Temporary Services
102 Progress Drive
Princeton, IL 61356

Ph: 815-872-2205

Service places individuals 18 years or older in temporary employment opportunities in both clerical and industrial jobs. Individuals without training may apply.

Project Success
109 E. St. Paul
Spring Valley, IL 61362

Ph: 815-663-5437

Assistance to first time generation college students or to the disadvantaged student seeking assistance with his or her disability.

Food/Nutrition

Bureau County W.I.C Department

526 Bureau Valley Parkway

Princeton, IL 61356

WEB: <http://www.bchealthdepartment.org/>

Ph: 815-879-0341

FAX 815-872-5091

WIC (Women, Infant & Children) is the special supplemental nutrition program for women, infants and children. It provides nutrition education and counseling, breastfeeding support and food vouchers.

Food Pantries:

Bureau County Food Pantry/TCOC

1005 N. Main Street

Princeton, IL 61356

Ph: 815-875-6064

Hall Township/Project Success Food Pantry

500 N. Terry

Spring Valley, IL 61362

Ph: 815-663-2085

Illinois Valley Food Pantry

136 Marquette Street/P.O. Box 184

LaSalle, IL 61301

Ph: 815-224-3658

Koinonia Food Pantry

Ph: 309-246-8724

Ph: 309-246-8221

Mendota Christian Food Pantry

918 Main Street

Mendota, IL 61342

Ph: 815-538-2211

The Catholic Charities Emergency Food Pantry

Ph: 309-636-8000

Mobile Meals:

Bureau County Senior Citizens

16 W. Marion

Princeton, IL 61356

Ph: 815-879-3981

Illinois Valley Red Cross

Ph: 815-223-0922

Mendota Community Hospital

Ph: 815-539-9432

Perry Memorial Hospital

Ph: 815-875-2811

Share Food:

Bureau County Senior Center
16 W. Marion
Princeton, IL 61356

Ph: 815-879-3981

Illinois Valley
LaSalle Township Office
931 First Street
LaSalle, IL 61301

Ph: 815-223-0807

Lacon-Sparland Program
www.sharefood-peoria.org

Ph: 800-637-5508

Mendota
Mendota Municipal Bldg.
Mendota, IL 61342

Ph: 815-538-4008

Sheffield Site
P.O. Box 401
Sheffield, IL 61361

Ph: 815-454-2001

Spring Valley Site
Rep. Frank Mautino's Office
108 W. St. Paul Street
Spring Valley, IL 61362

Ph: 815-664-2717

Tiskilwa
635 Brewster Street
Tiskilwa, IL 61368

Ph: 815-646-4778

Provides food to people of all incomes. \$16.00 in cash or link card plus \$1.00 cash and two hours per month community service buys \$28 to \$30 worth of food. The community service is done by volunteering in your community in various ways.

Other Programs Available:

**Mead Johnson –
“Helping Hands for Special Children”**

Ph: 800-462-6323

Provides reduced rates on the expensive specialized infant formula like Nutramagin and Progestimil.

Angel Food Ministries

Ph: 815-915-2155
Ph: 815-252-8269

Illinois Hunger Coalition

Ph: 800-359-2163

Health/Hospital/Medical

Clinics:

Bureau County Dental Clinic

526 Bureau Valley Parkway
Princeton, IL 61356

Ph: 815-872-1927

FAX: 815-872-5091

Provides services at a reduced cost for those that meet low-income guidelines. Also accepts Public Aid.

Bureau County Health & Wellness Clinic

500 Elm Place
Princeton, IL 61356

Ph: 815-879-8794

Provides primary health care to the uninsured and underinsured population of Bureau County.

Great River Community Health Center

Ph. 309-286-7240

Located in Toulon, Stark County. A non-profit agency that provides medical, dental, psychiatric and counseling services for area including Marshall County. Clinic accepts Medicaid, insured and private pay.

www.auntmarthas.org

General Health:

Bureau County Health Department

526 Bureau Valley Parkway
Princeton, IL 61356

Ph: 815-875-5091

Provides lead screening, lab draws, immunizations, genetic screening, family case management, breast and cervical screening, nutrition and health information and services.

Hygienic Institute Community Health Center

2970 Chartres Street
LaSalle, IL 61301

Ph: 815-223-0196

FAX: 815-223-0358

Services provided may include: primary health care; physical exams for day care, school, sports, sexually transmitted disease, and employment; childhood & adult immunizations; drug screens; and teen parenting.

Marshall County Health Department

Ph. 309-246-8074

Provides community health prevention and health education services and general resources for mental health.

www.marshallcountyhealth.org

Mendota Health and Wellness

1009 Main Street
Mendota, IL 61342

Ph: 815-539-6124

*Medical visits for all ages

**accepts all kids and medicaid

Illinois Department of Public Health

Ph: 800-252-4343

Provides vaccinations to protect children against disease, testing to assure the safety of food, water and drugs, licensing to ensure quality health care in hospitals and nursing homes, investigations to control the outbreak of infectious diseases (information about pandemic flu), collection and evaluation of health statistics to develop prevention and regulatory programs, screening newborns for genetic diseases, programs to meet the special health needs of women.

Illinois Health Connect

Ph: 1-877-912-1999

Illinois Health Connect is a new health care program of HFS (Illinois Department of Healthcare and Family Services). Illinois Health Connect helps you and your family to get health care and stay healthy by providing a medical home. Most people with an HFS or All Kids medical card **MUST** pick a medical home.

Epilepsy Foundation

Erika Fleck

815-414-8655

Illinois Valley Community Hospital Health Promotions

1701 Fourth St., Suite 302
Peru, IL 61354

Ph: 815-224-1307
FAX: 815-224-1665

HIV/Sexually Transmitted Disease Resources:

Heart of Illinois HIV Care Consortium

Ph: 309-679-6013

Provides emergency housing services for people with HIV infection or AIDS. The program assists individuals who have lost their home due to hospitalization or other circumstances beyond their control. Shelter available for up to two weeks.

Home Care:

Angels Private Care, Ltd.

777 S. Main St.
Princeton, IL 61356

Ph: 815-872-9040

122 E. Dakota St.
Spring Valley, IL 61362

Ph: 815-664-2626

Provides home care, personal care, household care, laundry, and follow-up on physical therapy routines. Will also provide assistance for bill paying/money management, meal prep, transportation, medications, shopping and errands, doctor appointments, and light housekeeping.

Bureau Valley Area Hospice

530 Park Ave. E
Princeton, IL 61356

Ph: 815-876-3375

Provides a free program of supportive care for the terminally ill and their families, which addresses physical, psychological, social and spiritual needs. Services are provided to Bureau, Western LaSalle, and Putnam Counties.

In-Home Care VNA

33 W. Crown Plaza, Suite A
Princeton, IL 61356

Ph: 815-875-4114 or 800-882-5510

Illinois Valley Community Hospital

Ph: 815-224-1307

Home-based Services

1701 Fourth Street, Suite 302
Peru, IL 61354

FAX: 815-224-1665

Illinois Valley Hospice

1701 4th Street
Peru, IL 61354

Ph: 815-224-1307

PrairieLand Home Care

200 E. St. Paul Street
Spring Valley, IL 61362

Ph: 815-663-2229

St. Margaret's Hospice

600 E. 1st Street
Spring Valley, IL 61362

Ph: 815-664-1132

Hospitals:

Illinois Valley Community Hospital

925 West Street
Peru, IL 61354

Ph: 815-223-3300

FAX: 815-223-3394

Mendota Community Hospital

1315 Meriden Street
Mendota, IL 61342

Ph: 815-539-7461, Ext. 341

Perry Memorial Hospital

530 Park Ave E.
Princeton, IL 61356

Ph: 815-875-2811

St. Margaret's Hospital

600 E. First
Spring Valley, IL 61362

Ph: 815-664-5311

OSF St. Elizabeth Medical Center (Ottawa Regional Hospital) CHOICES Behavioral Health Services	815-433-3100 815-434-4382 (outpatient) 815-434-5606 (inpatient)
Methodist Medical Center (Peoria)	309-672-5522
Methodist Family Practice (Lacon)	309-246-2676
Proctor Hospital (Peoria) Addiction Recovery Center Counseling Center Sleep Disorders Center	309-691-1000 309-691-1055 309-689-6008 309-691-1026
OSF St. Francis Medical Center (Peoria) Eating Disorders Adult mental health services	309-655-2000 309-655-2738 309-624-9522

Hospitals – Out-of-County/Specialized:

Children’s Memorial Hospital 707 W. Fullerton Chicago, IL 60614	Ph: 773-880-4000
Shriner’s Hospital for Crippled Children 2211 N. Oak Park Ave. Chicago, IL 60707	Ph: 773-622-5400
Veteran’s Hospital 601 Highway 6 West Iowa City, IA 52246	Ph: 319-338-0581

Pharmaceutical Assistance:

The Cost Containment Research Institute 4200 Wisconsin Ave. NW, Suite 106-222 Washington, DC 20016	Ph: 202-318-0770 Fax: 202-318-0769
Circuit Breaker Bureau County Sr. Citizens 16 W. Marion Street Princeton, IL 61356	Ph: 815-879-3981 or 800-732-8866

Housing

Crisis Housing:

ADV/SAS – A Domestic Violence & Sexual Assault Service

Ph: 815-673-1552
Hotline: 800-892-3375

Assists persons affected by family violence. Emergency shelter and emergency transportation as well as client advocacy and counseling services are available. Will also assist with elder abuse.

American Red Cross

703 Jefferson Street
Mendota, IL 61342
Ph: 815-539-5234

1605 Fourth Street
Peru, IL 61354
Ph: 815-223-0922

435 S. Main Street
Princeton, IL 61356
Ph: 815-879-2231

Provides shelter and emergency relief for victims and workers involved in a disaster. Provides CPR classes, connects residents with members of the armed forces, and sponsors blood drives.

Freedom House
440 Elm Place
Princeton, IL 61356

Ph: 815-872-0087
24 hour Crisis Line: 800-474-6031
FAX: 815-872-5044

Provides free and confidential services to victims of domestic and sexual violence including emergency food and shelter, medical and legal advocacy, individual and group counseling and therapy, and educational. Serves Bureau, Henry, Marshall, Stark, and Putnam counties.

Heart of Illinois HIV Care Consortium

Ph: 309-679-6013

Provides emergency housing services for people with HIV infection or AIDS. The program assists individuals who have lost their home due to hospitalization or other circumstances beyond their control. Shelter available for up to two weeks.

PADS Homeless Shelter

1120 Canal
Ottawa, IL 61350
Ph: 815-433-1292

Peru, IL 61354
Ph: 815-224-3047

Salvation Army Programs (Peoria)

Ph. 800-435-7089
Ph. 309-655-7272

YMCA in Peoria

Ph. 309-674-1167

Tri-County Opportunities Council

1005 N. Main
Princeton, IL 61356

Ph: 815-875-6064 (Emergency Assistance)
Ph: 815-879-6035 (Energy Assistance)

May be able to assist those who find themselves homeless

Ronald McDonald House

5736 W. Demming Place
Chicago, IL 60614
Ph: 312-348-5322

610 N. 7th Street
Springfield, IL 62702
Ph: 217-528-3314

Provides housing for families of children hospitalized at University of Chicago Children's Hospital, La Rabida Children's Hospital & Research Center or St. John's Hospital or Memorial Medical Center. A medical referral is necessary.

Rental Assistance:

Bureau County Rural Development

312 E. Backbone Rd., Ste. B
Princeton, IL 61356

Ph: 815-875-8732, ext. 204

Provides various programs available to those in need. The rental assistance program is designed to reduce out of pocket cash that low income rural families pay for rent.

Law Enforcement/Legal Assistance

Police Departments:

Illinois State Police

District 17

Counties Served: Bureau, LaSalle, Putnam
2971 E. 350th Road
La Salle, Illinois 61301

Telephone: (815) 224-1171

District 8

Counties Served: Marshall, Peoria, Stark, Tazewell, Woodford
1265 Lourdes Rd.
Metamora, Illinois 61548

Telephone: (309) 383-2133

Bureau County Sheriff's Department

22 Park Ave. West
Princeton, IL 61356
WEB: www.bureaucountysheriff.org

Ph: (815) 875-3344 or 800-874-5777

FAX: 815-875-2452

Dalzell Police Department

Ph: 815-664-4495

Ladd Police Department

Ph: 815-894-2351

LaMoille Police Department

Ph: 815-638-2242

Princeton Police Department

605 Elm Place
Princeton, IL 61356

Ph: 815-872-2351

FAX: 815-875-1204

Spring Valley Police Department

Ph: 815-663-2351

All other towns not listed above should call Bureau County Sheriff's Department toll free at 800-874-5777 or dial 911.

Marshall County Sheriff's Department

520 6th Street
Lacon, IL 61540
WEB: www.marshallcountyillinois.com

Ph: (309) 246-2911

FAX: 309-246-2121

Legal Assistance:

Bureau County State's Attorney
700 S. Main Street
Princeton, IL 61356

Ph: 815-879-4941

LaSalle County State's Attorney
707 Edna Rd.
Ottawa, IL 61350

Ph: 815-434-8340

Marshall County State's Attorney
22 North Prairie Street
Lacon, IL 61540

309-246-2028

Putnam County State's Attorney
Fourth Street
Hennepin, IL 61327

Ph: 815-925-7378

Illinois Attorney General
(Child Support Enforcement)
Illinois Department of Human Services
690 Centennial Rd.
Ottawa, IL 61350

Ph: 815-433-1572

Prairie State Legal Services, Inc.
613 La Salle Street
Ottawa, IL 61356

Ph: 800-892-7888

Provides civil legal advice and representation by attorneys and paralegals for persons who cannot afford private attorneys. Clients must meet income eligibility requirements or be age 60 or older.

13th Judicial Circuit Probation & Court Services Department

700 S. Main Street
Princeton, IL 61356

Ph: 815-872-8951

FAX: 815-879-0012

Serves Bureau, LaSalle & Grundy Counties. Clients who are court ordered to probation, primary referral to community resources, community service and supervised release.

13th Judicial Circuit Family Violence Prevention Council

100 W. Lafayette Street
Ottawa, IL 61350

Ph: 815-431-0630

Speaker's Bureau and resource library on family topics. Serving Bureau County and other counties in the 13th Judicial circuit.

Illinois Guardianship/Advocacy Commission

866-274-8023 intake

The Illinois Guardianship and Advocacy Commission protects the rights and promotes the welfare of persons with disabilities by providing legal representation, investigating complaints of rights violations and providing state guardianship for Illinois' population with disabilities.

Medication (low cost)

Pharmaceutical Assistance:

The Cost Containment Research Institute

4200 Wisconsin Ave. NW, Suite 106-222
Washington, DC 20016

Ph: 202-318-0770
Fax: 202-318-0769

Circuit Breaker

Bureau County Sr. Citizens
16 W. Marion Street
Princeton, IL 61356

Ph: 815-879-3981 or 800-732-8866

The Medicine Program

www.freemedicinefoundation.com

573-996-3333

I-Save Rx – Safe and Affordable Prescription Drugs

www.I-SaveRx.net

1-866-I-SAVE33

Good Rx

Prescription Drug Savings

www.goodrx.com

1-844-329-3341 Customer Service

1-866-788-8452 Pharmacist

Parent Resources

General:

Center for Youth and Family Solutions

542 Crosat Street
LaSalle, IL 61301

Ph: 815-223-4007

Provides classes/programs on communication, effective discipline, self-esteem building activities, divorce adjustments, and more.

University of Illinois Extension - Bureau County

850 Thompson Street
Princeton, IL 61356

Ph: 815-875-2878

WEB: <http://web.extension.uiuc.edu/bureau/>

Provides research-based educational information on youth, family and parenting issues.

Bureau County WIC Department

<http://www.bchealthdepartment.org/>

815-879-0341

DCFS - Ottawa

815-433-4371

1-800-252-2873 hotline

Lutheran Social Services

Foster care/Adoption/Maternity Services

Dixon

309-827-6026

Mendota

815-539-3888

Peoria

309-671-0300

The Family Support Network (Peoria)

<http://www.familysupportnetwork.org/>

309-693-8981

Respite Services...

Gateway

815-875-4548

Laurie Anderson, contact person

DRS

815-224-1314

Laurie Berkland, contact person

PARC Services

309-685-3233

Julie Gibson, director

Center for Youth and Family Solutions

815-223-4007

Adoption Respite Care (open to former DCFS clients)

Missy Eckert, contact person

Parent help

www.parentlineplus.org.uk

Parent Help Line

1-888-727-5889

Parenting Teens

www.parentingteens.com

Pregnancy

Abortion Alternatives/Stork Support/Special Delivery

828 1st St.
LaSalle, IL 61301

Ph: 815-224-3436

WIC (Women, Infant & Children)

526 Bureau Valley Pkwy.
Princeton, IL 61356

Ph: 815-879-0341

Crittenton Care & Counseling

2619 W. Heading
Peoria, IL 61604

Ph: 309-674-0105 x-223

Residential setting for pregnant women offering family choices counseling, educational and adoption services. Becoming a Mom Class – six week class, receive free baby items upon completion
Contact Sara Leverton to sign up

LaSalle County Planned Parenthood

612 Court Street
Ottawa, IL 61350

Ph: 815-433-4111

Family planning counseling and contraceptives available. Additional services include STD screening, pap test, breast check, pelvic exams and pregnancy testing.

Mendota Community Hospital

1315 Memorial Drive
Mendota, IL 61342

Ph: 815-539-7461

Provides Lamaze and parents-to-be classes.

Perry Memorial Hospital OB Department

530 Park Ave. E.
Princeton, IL 61356

Ph: 815-875-2811, ext. 2282

Provides early bird classes for those in early pregnancy or planning a pregnancy, prenatal (Lamaze), c-section and parenting classes.

Pregnancy Outreach Center

728 Main Street
Mendota, IL 61342

Ph: 815-538-3044

Free, confidential pregnancy tests, counseling, referral assistance, prenatal and new baby information, maternity clothes, baby clothes and accessories up to one year.

Early Head Start

Home based services every week with a parent child educator (PCE). PCE gives resources, support, and able to provide assistance with appointment and transportation. Contact: Sara

Ph: 815-673-3120

Center for Youth and Family Solutions

542 Crosat Street

LaSalle, IL 61301

Provides pregnancy counseling (individual) – contact Mary Beth

Ph: 815-223-4007

Children's Home Association of Illinois – Good Beginnings Ph: 309-687-7600

Support and prenatal groups

For Peoria, Tazewell, and Henry County residents

Contact is Cindy. Can sign up for support group, prenatal group. Parent needs to sign you up. It is every Tuesday from 5-7 p.m.

Illinois Valley Services

815 N. Orlando Smith Road

Oglesby, IL 61348

Aurora_medina@ivcc.edu

Ph: 815-224-0347

Fax: 815-224-0545

Aurora Medina, BSW Single Parent Coordinator

School Programs

Freedom House

815-872-0087

Prevention educators:

Beth Anson (Pre-K thru 6th grade)

banson@freedomhouseillinois.com

Terri Smith (7th thru 12th grade)

tsmith@freedomhouseillinois.com

Teen Screen Program

(Mental Health Association of IL Valley, Inc)

- they provide staff and student suicide prevention programs

www.teenscreen.org

Katie Jones, MSW

executive director

309-692-1766 ext. 11

kjones@mhaiv.org

North Central

815-224-1610

Health Departments:

Marshall County Health Dept.

309-246-8074

- free programs given by health educator (Beth) – social skills, life skills, etc

Henry/Stark County Health Dept.

Carey Titus

309-852-7255

U of I Extension

Bureau County

815-875-2878

Marshall County

309-364-2356

Terry Madsen, Youth Educator

<http://web.extension.uiuc.edu/bureau/>

Suicide Prevention

*National Suicide Prevention Lifeline www.suicidepreventionlifeline.org	1-800-273-TALK(8255) 309-673-7373
CARES line Crisis and Referral Entry Services – for screening, assessment, support, questions *have student information ready (including DOB) *for students that have a medical card only *they will send a SASS worker to the house if needed (someone from N.Central)	1-800-345-9049
National Runaway Switchboard www.1800runaway.org free materials (stress management bookmarks, parent info, LGBT issues, some info in Spanish)	1-800-RUNAWAY (786-2929)
Girls and Boys Town Hotline	1-800-448-3000
Center for Mental Health Services www.mentalhealth.org	1-800-789-2647
National Hopeline Network	1-800-784-2433
Sinnissippi Center 24 hr crisis line	1-800-242-7642
The Jason Foundation and Suicide Prevention http://www.jasonfoundation.com/home.html	1-800-SUICIDE (crisis line)
Suicide Prevention Resource Center www.sprc.com (suicide fact sheets)	
Streamwood Behavioral Health System Christine Vosburgh@psysolutions.com Outreach/Community Development, Christine Vosburgh, LCSW *Free programs to schools re: suicide prev: student and teacher in-services, setting up teen boards	630-837-9000 (main) 630-777-1266 (cell)

Mental Health Association of IL Valley, Inc

*Free programs to schools – call Katie Jones 309-692-1766 ext. 11

kjones@mhaiv.org

Services for individuals with mental health difficulties and their families:

(recovery support, mentoring, advocacy)

Mon-Fri 8am – 5pm

Warmline: 866-359-7953

From main menu: select #2 (for consumers & families)

Next: select #5 (for peer and family support warmline)

SOS (Signs of Suicide) Program

<http://www.mentalhealthscreening.org>

Teen Screen Program: (Mental Health Association of IL Valley, Inc)

*Program has to be set-up by school administration to be eligible for these services:

(there may be some small fees associated with services in Bureau Valley)

- To determine if a teen may be at risk for depression, suicide, or other mental health problems – covers Peoria and rural areas – Marshall & Bureau
- voluntary program (consent from parents), they will send people to the house for screening and case management
- they also provide staff and student suicide prevention programs

www.teenscreen.org

Katie Jones, MSW, executive director 309-692-1766 ext. 11
kjones@mhaiv.org

American Foundation for Suicide Prevention

www.afsp.org

Survivors of Suicide

www.survivorsofsuicide.com

American Association of Suicidology

www.suicidology.org

The Link National Resource Center

www.thelink.org

National Institute of Mental Health

www.nimh.nih.gov

Suicide Reference Library

www.suicidreferencelibrary.com

Support Groups

*Please call to check that time, date, and group information is current

Child and Family Connections

815-638-2031

Support group for families that have children w/ special needs
Not currently holding meetings due to lack of interest
Contact: Melody

Kids Konected

309-589-1800

www.peoriakidskonected.org
ages 5-18 whose parents have or had cancer

888-566-3653

Eating Disorders Clinic (East Peoria)

309-655-2738

Family Awareness Groups
Wednesday evenings 6:30-8:00pm

Peoria – Easter Seals

Asperger's Support Group
Last Thurs. of the month, 6:15-7:45

Gateway

Autism/Asperger's Support Group
Last Tues of every month at 4:00 (teacher, aide, parents all welcome to attend)
Contact: Lori Anderson

Illinois Valley Center for Independent Living

Multiple Sclerosis Support Group –
2nd Thursday of each month at 7:00pm
(18 Gunia Dr., LaSalle)
Contact: James or Vicki Scolari – 815-223-4687

National Alzheimer's Association

Prouty Community Building, Princeton (435 S. Main)
4th Wednesday of each month at 6:00pm
Contact: 815-875-1196

Perry Memorial Hospital (Princeton)

Grief and Loss Support Group

Third Tuesday of each month, 2:30pm
PMH Chapel
Contact: Laurie Sabin, Bureau Valley Hospice Director – 815-875-7723

Endometriosis Support Group

Second Monday of each month, 6:30pm
Cafeteria – Private Dining Room

Alcoholics Anonymous

Daily at 8pm, Thursdays at 11am
150 S. Vernon, Princeton

St. Margaret's Hospital (Spring Valley)

815-664-6311

Grief Support Group

Meetings are held the third Tuesday of the month.

(815) 664-1639 or (815) 223- 5346, ext. 1639.

Parkinson's Support Group

First Monday of every month, 1:30-3:30 p.m.

Rebound (Breast Cancer Support)

(815) 339-6480

The Breast Cancer Support Group, "Rebound," of St. Margaret's Hospital, is open to all persons affected by breast cancer. for details.

Visions (Blind and Visually Impaired Support Group)

First and third Thursday of every month, 12:30-2:30 p.m.

Turning Point (HIV-AIDS Support Group)

815-664-1613

Third Wednesday of every month, 6 p.m.
location not disclosed for confidentiality purposes.

Rainbows (Peer Group Support)

815-664-1639 or 815-223- 5346, ext. 1639

For more information, call.

SHIP (Senior Health Insurance Program) – Medicare Insurance Assistance

First and third Mondays of every month,
1-3 p.m., Patient Accounts Center

Illinois Valley Community Hospital

DBSA of Illinois Valley Depression and Bipolar Support Alliance

First and Third Monday of each month at 6:30pm
Conference Room B
Contact: Doris Meyer – 815-539-6432

Compassionate Friends Support Group

Compassionate Friends, a support group that assists families toward the positive resolution of grief following the death of a child of any age, meets monthly at IVCH. The Compassionate Friends is a national not-for-profit, self-help support organization that offers friendship, understanding and hope to bereaved parents, grandparents and siblings.

Meetings are on the fourth Thursday and are held in the special procedures conference room near the West Street lobby.
Contact: Rita Studzinski Phone: 815-223-7663

Mothers of Multiples

For mothers of twins.

Third Tuesday of each month at 7:00pm
Conference Room A

Contact: Sandy Shreve Phone: 815-431-0271 or 815-879-8106

Epilepsy Support Group

Support group for people living with epilepsy.
Third Monday of each month at 6:30pm
Contact: Linda Loebach Phone: 309-373-0377

Grief Recovery Group

The group allows persons who have recently suffered the loss of someone close to them to share their feelings and experiences with others who have also lost loved ones through death.
Second and Fourth Wednesday of each month at 7:00pm
Conference Room B
Contact: IVCH Pastoral Care Group – 815-780-3426

Live Life! Pre- and Post Transplant Support Group

The Live Life Pre- and Post Transplant Support Group is for Illinois Valley residents who have had transplant surgery or who are on waiting lists for organ transplants.
Phone: 815-780-3521

Illinois Valley Alzheimer's and Caregivers Support Group

815-223-0891

Last Tuesday of each month at 1:30pm
Illinois Valley Adult Day Services (1020 2nd Street, LaSalle)

OSF St. Elizabeth Medical Center (formerly Community Hospital of Ottawa)

815-433-3100

Alzheimer Caregivers/ Early Stage Dementia Support Group

815-433-6090

For caregivers of those with Alzheimer's Disease and related disorders to share experiences, solve problems they may encounter, and answer questions of those who are or have been in similar circumstances.
Meets the third Tuesday of each month at 1:30 p.m.

Bereavement Support Group

815-433-6090

Informal gathering provides forum to share feelings, experiences, concerns and ideas with others who have recently experienced the loss of a loved one.
Meets the second and fourth Wednesday each month at 5:00 p.m.

Cancer Support Group

815-431-5246

Informal gathering to provide support and encouragement to anyone battling any type of cancer.
Group meets on the second Tuesday of each month at 3:00 p.m.

Breast Cancer Support Group

815-434-1582

For those who are affected by breast cancer are invited to attend the "Petto Pals" breast cancer support group. Anyone who has been diagnosed with breast cancer, or who may be a relative or caregiver is welcome.
The informal group meets at 7:00 p.m. each third Thursday.

Teacher Resources

www.disabilitystudiesforteachers.org

www.integrity-matters.com

helps promote values by selling videos and other useful tools to school district.

www.charactered.net

interactive site for teachers and students, has printable lesson plans for use

www.character.org

character education news and focus on the eleven principals for character education

www.charactercounts.org

access to essays, articles, & journals pertaining to character education

www.giraffe.org

interactive theme where students can listen to stories pertaining to morals and values

www.learning-for-life.org

developed for educators to promote life long learning and has an outline of facts about character education, as well as their program

<http://www.retro-tech.org/>

computers and other technology at reasonable prices

www.grievingstudents.org

Video and Downloadable Grief Support Modules for School Personnel

Transportation Services

Angels Private Care, Ltd.

777 S. Main St.
Princeton, IL 61356
Ph: 815-872-9040

122 E. Dakota St.
Spring Valley, IL 61362
Ph: 815-664-2626

Provides home care, personal care, household care, laundry, and follow-up on physical therapy routines. Will also provide assistance for bill paying/money management, meal prep, transportation, medications, shopping and errands, doctor appointments, and light housekeeping.

Bureau Area Rural Transit Services

(B.A.R.T.)
406 S. Gosse
Princeton, IL 61356

Ph: 815-875-4548

Provides transportation for elderly and disabled riders.

St. Margaret's Hospital Para Transit

600 E. First Ave.
Spring Valley, IL 61362

Ph: 815-664-5311 ext. 269

Scheduling 24 hours in advance. Transports elderly, handicapped, and general public to and from St. Margaret's Hospital for services. Bus has wheelchair and lift. Must request someone to be at the door to help with transfer.

10/33 Ambulance Service, LTD.

3 Wolfer Industrial Dr
Spring Valley, IL 61362

Ph: 815-663-6683

Serving Spring Valley, Ladd, Cherry, Dalzell, Depue, Hollowayville, Seatonville, hall and Selby Townships. Provides emergency and non-emergency treatment and transportation.

Taxicab Service:

Senders Cab Company

431 S Euclid Avenue
Princeton, IL 61356
815-879-4081

Gary's Taxi Service

2709 6th Street
Peru, IL 61354
Ph: 815-224-3370

Twin City Cab

2027 10th Street
Peru, IL 61354
Ph: 815-223-1619

Hearing/Vision Services

Bureau of Blind Services
Illinois Department of Human Services
905 2nd Street
LaSalle, IL 61301

Ph: 815-224-1314

Provides assistance with vocational evaluation, training and job placement.

Chicago Hearing Society
332 S. Michigan Ave.
Chicago, IL 60604

Ph: 312-939-6888
TDD: 312-427-2166

Offers information and referral, audiological services, social services and advocacy. Also youth program, interpreter service, sign language and hearing aid bank. Will accept private insurance and public aid.

Chicago Lighthouse for the Blind or Visually Impaired

1850 W. Roosevelt Rd.
Chicago, IL 60608

Ph: 312-666-1331
TDD: 312-666-8874

Provides vocational evaluation, career and skill counseling, occupational skill development, job retention, job re-training, rehabilitation, job placement, supported employment, follow-up service and referral for other employment-oriented services. Also provides child development program on-site for children who are blind with multiple disabilities, ages 3-21, and early intervention program for birth to age 3.

Illinois School for the Deaf
125 Webster
Jacksonville, IL 62650

Ph: 217-245-5141

Residential school for the deaf providing parent/infant program for children to age 3, pre-school education, kindergarten through high school education, educational diagnostic clinic and consultant services.

Illinois School for the Visually Impaired

658 E. State Street
Jacksonville, IL 62650

Ph: 217-479-4400

Residential/day school for the education of children between the ages of 3 and 21, who are blind, partially seeing, or deaf-blind and are in need of a comprehensive academic program with emphasis on development of independence and pre-vocational skills.

TCRC Sight Center
119 E. Washington Street
East Peoria, IL 61611

Ph: 309-698-4001

A non-profit organization offering specialized services to individuals who are blind or sight impaired. Services include low vision exams, specialized aids, assistive devices, orientation and mobility training, independent living services and social services.

Talking Book Center of Northwest Illinois
P.O. Box 125
Coal Valley, IL 61240

Ph: 800-747-3137

Free library service for blind and physically handicapped people. Persons of all ages who are unable to comfortably read standard print due to a temporary or permanent visual disability, or reading disability are eligible.

Vision Care

Tri-City Optical	815-223-0410
Hygienic Institute (LaSalle) Dr. Fitch (Wed. afternoons) www.visioncarecenterpc.com	815-780-7763
Eye Care Professionals (Peru) low cost appts. & glasses	815-223-0151
Dr. Doyle (medicaid)	815-539-6291
Project Success	815-663-2085
Dr. Blanco (through the Eyes of a Child-Project Success)	815-664-5331
IVCIL Provides equipments for people with visual impairments	815-224-3126
Lion's Club LaMoille Lions Club contact Dave Pikula	1-800-747-4448 815-638-2125
Vision Care USA	1-800-766-4466
Illinois Eye Center (Peoria-near Grand Prairie Mall) Dr. Lichtenstein – works w/ children w/ special needs Accepts medical card w/ a physicians referral / they do not provide glasses w/ medical card must go to Carver Center, located in downtown Peoria, (309-674-3329) to get fitted and purchase glasses	309-243-2400 or 1-800-872-4651

Rock Island Optical
accepts medical card

309-788-0604

Miscellaneous Information

LAN – Local Area Network Meet 3 rd Fri. of the month Location: N. Central Behav. Health Systems 2960 Chartres LaSalle Contact: Kaylyn Lambert kaylynl@ysbiv.org	815-431-3051
Student Assistance Programs Contact: Sue Rentsch – IL Masonic Foundation Suernr41@comcast.net	217-483-4896
Community Link (United Way) Information & referral For Central Illinois	1-800-338-4636 1-309-674-7140
American Red Cross Bureau County Chapter bccross@theramp.net	815-879-2231
Red Cross of Peoria	309-677-7272
Bureau County United Way – Princeton	815-872-0821
United Way of IL Valley – LaSalle	815-556-8339
10 th Judicial Circuit Family Violence Coordinating Council	815-672-6992
Hispanic Outreach office - Mendota	815-539-2317
Latino & Immigrant Outreach (Catholic Charities-Peoria)	309-636-7809
Make A Wish Foundation of IL Offices also in Springfield and Peoria	312-943-8956 (Chicago)
NAMI - Mental Health Resource Guide www.namitri-county.org	309-693-0541

